

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lara Nothnagel**

Has successfully participated & completed the

**10km Prestige Trail Run Series #1 - TAF Edition**

held at Tierpoort Adventure Farm.

**TIME 01:36:31**

**PACE 09:39/km**

**GENDER 105 of  
125**

**OVERALL 199 of 229**

**40 - 49 29 of 35**

07 July 2019, Sun

Date



*BoutTime*

Signature

